

Look –

your daughter, on the monkey bars

swings a hand one too far

S T O P
slick hands slip

S W E E T H E A R
she falls, breaking,
on the ground.

rewind

You see

you move

your hand swings

slip – afraid –

you fall, broken, to the ground.

But you rise

because you are stronger.

Did you hesitate?

Of course not.

Did it hurt?

Absolutely.

Does she thank you?

Maybe.

The day she does,

you kiss her
hold her tight to your heart

I would do it again.
I love you.